

## Our Mission is: 'Be There'

Acacia Connection puts people first. We genuinely care about people and we want to ensure everyone has the best possible life.

We believe with the right assistance, delivered by leading psychologists, you can discover genuine solutions to tackle even the biggest of life's challenges.

Acacia Connection brings together expertise and compassion to create a more positive you.

We are here for you, call  
**1300 364 273**  
info@acaciaconnection.com  
acaciaconnection.com

## Acacia Wishes – How we give back

Acacia Connection donates \$2 from every EAP session attended to support the community. Acacia Connection grants wishes for those people who may be faced with overwhelming challenges, or just need some practical help to get back on track in life.

If you know someone who could benefit, please lodge your wish via the Acacia Wishes section on our website at:  
[acaciaconnection.com](http://acaciaconnection.com)



# make a change

*You have the power to make a change. We can help.*



**acacia  
connection**  
THE POWER OF POSITIVE PEOPLE

Your Employee Assistance Program (EAP)

**1300 364 273**  
[acaciaconnection.com](http://acaciaconnection.com)

## What is EAP?

Your EAP is a confidential counselling service offered to you by your employer to help all employees deal with personal or work related problems in a positive way. Your EAP generally involves short-term counselling to assist you in overcoming life's challenges and return to a better state of emotional well-being.

### Our service includes assistance with the following:

- › Relationship and marriage difficulties
- › Family and parenting related issues
- › Managing grief or loss
- › Depression and anxiety
- › Stress management
- › Addictions
- › Work related issues
- › Financial support service and legal advice service
- › Any other issues you may be faced with in your personal and/or work life

### Q. How much will it cost?

Short-term counselling is offered to you free of charge by your employer as part of your EAP benefit package. Speak to us for details on what is included in your EAP benefit.

### Q. Is the Employee Assistance Program session confidential?

In accordance with the Privacy Act, Acacia Connection never discloses your personal details to anyone, without your written consent.

### Q. Will my manager/employer know if I book an EAP session?

No, your manager and employer will not know about any of the details relating to your EAP sessions. Individual employee names are never disclosed unless you consent to us advising them. **Our service is highly confidential.**

### Q. Where can I have my appointment?

Acacia Connection has a network of highly qualified, registered psychologists and counsellors across Australia and New Zealand. We will arrange assistance for you in a convenient location close to where you live or work.

### Q. Are Acacia Connection psychologists qualified?

In Australia, all psychologists are required to be registered with the Australian Health Practitioners Registration Authority. In addition, Acacia Connection carefully selects its team of counsellors that are experienced, approachable and highly professional to ensure that you have the best support available.

### How can I make an appointment?

Call us day or night:

**1300 364 273**

OR

Visit our website to make an online appointment request:

**[www.acaciaconnection.com](http://www.acaciaconnection.com)**

